

MODULE 5: SWALLOWING, NUTRITION AND ORAL CARE

Quiz Answers

1. c. Approximately 29-67%
2. c. 3 and 4
3. a. Loss or impaired ability to chew and/or swallow
4. e. All of the above
5. c. Oral phase
6. b. Involuntary/reflexive
7. Answer should include 5 of the following:
 - Drooling
 - Slow eating, prolonged chewing
 - Food left in mouth after eating (e.g., residue or pocketing)
 - Pain with swallow
 - Effortful swallow
 - Delayed initiation of swallow
 - Coughing or choking during and/or after swallowing
 - Throat clearing after swallow
 - Voice changes (wet/gurgly)
 - Refusal to eat
 - Recurrent chest infections
 - Unexplained weight loss
 - Gagging
 - Nasal regurgitation
8. Answer should include some of the following:

Silent aspiration is the aspiration, or entry of food or liquid

into the airway, below the muscles that produce sound, the vocal folds. There are no clinical signs of aspiration (no coughing or throat clearing). It is very common.

9. Coughing or throat clearing.

10. d. All of the above

TRUE/FALSE Questions

1. True

2. False

3. True

4. True